



Bodhichitta Kadampa Buddhist Centre

www.meditateinvictoria.com

Founder: Venerable Geshe Kelsang Gyatso

Resident Teacher: Gen Kelsang Zopa

Powa Ceremony

Transference of consciousness for the deceased

The practice of transference of consciousness, known as 'powa', can be done either by a group of practitioners or individually. The purpose of doing this is to lead countless deceased beings to the Pure Land of a Buddha.

We understand that throughout this world millions of humans and billions of animals die every day from so many different causes. If these living beings have the opportunity to take rebirth in a Buddha's Pure Land, they will attain permanent liberation from suffering and experience pure and everlasting happiness. Our practice of this powa offers them this precious opportunity. By engaging in this practice we ourselves will create a great collection of virtue, which will also lead us into the pathway to the Pure Land of a Buddha.

We perform this powa practice on behalf of those who have recently died, traditionally within forty-nine days of their death.

You may arrange beautiful offerings such as flowers and candles. If you are including a special person (human or animal), you may arrange a picture of them in front of you as well. A beautiful picture of Avalokiteshvara, the Buddha of Compassion, will be on the screen throughout.

We will perform the ceremony with compassion for all the deceased in the world. The stages of the ceremony are:

1. On behalf of the deceased, we accumulate a great collection of virtue and merit. We do this by (mentally) making prostrations and extensive offerings to the holy beings, so that the deceased gather the necessary conditions for rebirth in the Pure Land of a Buddha.
2. On behalf of the deceased, by sincerely making requests to Buddha Vajrasattva with the recitation of his mantra, we purify their main obstacles to taking rebirth in the Pure Land of a Buddha.
(There will be a 5 minute silence for recitation of the mantra here. You may recite either of the mantras included below)
3. Through the power of our compassionate intention, strong prayer, and concentration on the practice, we transfer the consciousness of the deceased to the Pure Land of the Buddha of Compassion, so that they will experience pure and everlasting happiness.
(There will be another 5 minute silence here for allow time to meditate on the actual transference of consciousness.)
4. Through the power of our concentration on the end of contaminated rebirth for all the deceased, we recite Avalokiteshvara's mantra together and create a special auspiciousness for the deceased to attain permanent liberation from samsaric rebirth.

Mantras of Buddha Vajrasattva, Buddha who helps us to purify negative karma

100 letter: OM VAJRA SATTO SAMAYA, MANU PALAYA, VAJRA SATTO TENO PATITA,
DRIDHO ME BHAWA, SUTO KAYO ME BHAWA, SUPO KAYO ME BHAWA,
ANORAKTO ME BHAWA, SARWA, SIDDHI ME PRAYATZA, SARWA KARMA
STUZA ME, TSITAM SHRIYAM KURU HUM, HA HA HA HA HO BHAGAWAN,
SARWA TATHAGATA, VAJRA MA ME MUN TSA, VAJRA BHAWA, MAHA
SAMAYA SATTO AH HUM PHAT

10 letter: OM VAJRA SATTO SARWA SIDDHI HUM

Mantra of Buddha Avalokiteshvara, Buddha of Compassion

OM MANI PADME HUM